



Greetings Family & Friends,

We trust in the Lord that you and your families are All doing great and enjoying God's best in your lives. I can't speak for where you might be living right now but for the Eastern part of the United States in the Carolinas & Virginia areas it seems as though Spring came and left because our temperatures are just down right HOT! We hear certain alerts through the media about concerns that come with hot temperatures as well as cold temperatures. They offer advice and supply what to do tips for every extreme. In this newsletter's message Suzan shares with us, "God's Rx for a Hard Day!". We pray that it will be blessing to you.

We want to take this opportunity to say, that we "Thank God for you, for your faithful prayers and your giving into our ministry." You help us to "GO" where God is opening doors for us to share the message of God's love, grace and of who we are In Him!

Thank you!

God Bless you!
Your friends,
Mickey & Suzan

God's Rx for a Hard Day!

Ever had "one of those days" where nothing went right and everything just seemed to just pile up on you? I have and the enemy is always right there at the door with all of his accusations just waiting to pounce.

By the end of the day everything is out of kilter and you just feel defeated! Don't be dismayed. God has "a get well" prescription already filled out that says: Take as needed at bedtime.

"Stand in awe, and sin not: commune with your own heart upon your bed, and be still. Offer the sacrifices of righteousness, and put your trust in the LORD." (Psalms 4:4-5)

The footnote in the Passion Bible for this verse says, "Meditate on your bed and repent [lament]. It is always wise at the end of every day to cleanse our hearts in God's grace and mercy.

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Christian Seeking Identity

Take a moment to be still. One by one rehearse the events of the day and infuse them with God's grace and mercy.

"Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over. Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever." (Psalms 23:5-6)

The second part of the prescription reads: Offer the sacrifice of righteousness and put your trust in the Lord.

When it says offer a sacrifice of righteousness, it means even if you don't feel like it; even if the

obvious conflicting evidence says the opposite! Erase all of the accusations that the enemy has thrown your way by re-routing them through the cross. Rehearse your righteousness!

Clean house before you go to sleep! Get your eyes off of the circumstances and put your trust in God! Don't let the sun go down on any lingering accusations.

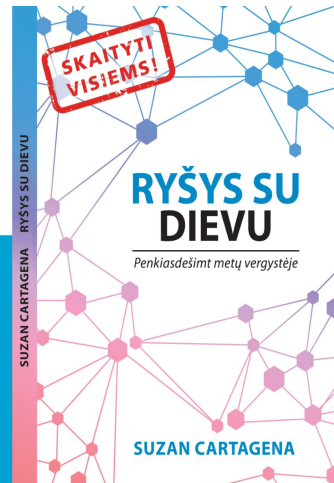
It will guarantee a good night's sleep and you will wake up the next morning feeling refreshed and ready to meet the new day. God's mercies are new every morning and great is His faithfulness. (Lam.3:22-23)

Celebration Corner

A couple of things that I would like to share with you that I recently celebrated:



My Oldest Grandson-Noah Graduation from the University of North Carolina in Chapel Hill. It was part of my Moms "Bucket List" to see her oldest great-grandson Graduate from the university!



On the left Suzan's book "The God Connection" and below "Identity Theft" now translated into Lithuanian .



Gyvenimas skirtas kažkam daugiau, negu tam, kad tik išgyventum

Jėzus buvo pirm gimis tarp daugelio brolių. Mes esame bendrapaveldėtojai kartu su Jėzu. Religija teigia, kad žmogus neturi teisės sakyti, kad jis yra viena su Dievu.

Būtent mūsų įsūnystė yra labiausiai puolama – nes būtent tai ir yra pagrindinis blokas, ant kurio statydinama Dievo Karalystė žmogaus gyvenime.

Apie tai skaitykite S.Cartagena knygoje „Pavogta tapatybė“
Knygą įsigyti galite www.jcmf.eu

